



# 2021 Convention Workshops

**\*MIDDLE SCHOOL ONLY\***



**Workshops will have a capacity limit and one once it is filled, the Zoom link will close. We recommend students to make a list of three or four workshop preferences for each session.**

## FRIDAY EVENING MINI SESSIONS

*(Students can choose two- either mini workshops or the discussion/idea sharing)*

Mini Sessions	Subject	Description	
<b>1</b>	Public Speaking: Secret Files	In this workshop out delegates will learn key factors of public speaking and learn some tips and tricks to make their next speech awesome!	
<i>There are also a variety of discussion sessions and idea sharing sessions in which students and advisors may choose to participate.</i>			
Mini Session	Session Topic	Mini Session	Session Topic
<b>2</b>	Mental Health	<b>5</b>	Idea sharing - Spirit activities
<b>3</b>	Idea sharing - Publicity	<b>6</b>	Diversity
<b>4</b>	Idea sharing - Service Projects		

## SATURDAY WORKSHOPS

*(Students will participate in two rounds of workshops. All workshops will be offered twice unless otherwise denoted.)*

Workshop Number	Workshop Category	Workshop Title	Description
<b>1</b>	SCHOLARSHIP	Hot Topics for Middle Schoolers	Are you a middle school student that wants to learn about what you can do in these three short years? Are you a middle school student that wants to share your own ideas? This is the presentation for you! We will be discussing many topics, such as , but not limited to...Mental Health Awareness, Study Strategies, and Preparing for the Future. So many topics, so little time. We want to hear from you. Remember we all in this together.
<i>AM only</i>			
<b>2</b>	MENTAL HEALTH	Mental Health Awareness	Nothing is more important than the social/emotional well-being of our students, especially during this heightened alert. We, as adults feel it, but our students feel it more. Come learn how to navigate this new world and assist our middle-schoolers. Resources and programs will be shared that will allow you to guide your students to learn stress-relief techniques, mindfulness strategies, and self-care.
<i>PM Only</i>			

Workshop Number	Workshop Category	Workshop Title	Description
3	SCHOLARSHIP	Public Speaking and Campaigning	If you are interested in running for office in the future but you need help improving you public speaking skills, this is the workshop for you! We will teach you public speaking skills and how to start planning for an awesome campaign.
4	LEADERSHIP	Bridges in Student Council	Learn how to effectively communicate in order to improve your council’s productivity!
5	STUDENT ENGAGEMENT	Confident Activists	Calling all Activist! In this workshop, we welcome a community that allows for personal experiences to be shared and we hope will inspire the rest awaiting to become activists! Additionally, we will address the common issue that often blocks success!
6	MLW	MLW Magic	Meet with MLW Leaders to learn more about their program and gain some knowledge that you can use with your student government.




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*Just because we are virtual doesn't mean we can't have great conversations!!*

*During lunch we will have "cafeteria lunchrooms" or breakout rooms on various topics. Join your friends for lunch and conversation in the various breakout rooms ranging from sports, reality TV, seniors/Class of 2021 and more. Delegates will be able to hop from breakout room to breakout room to network and socialize.*

*Have an idea for a breakout room? You can submit your topic to the executive directors or through any of the MASC Social media platforms.*

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