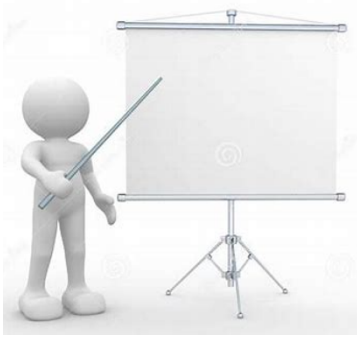


MASC is looking for a VARIETY of workshops at our Fall Leadership Conference and our Convention. Please consider that many attendees are looking for ideas to bring back to their own schools!



### **How To/Activity Guides:**

1. Guide to a Great Homecoming
2. Relays/5ks (Relay for Life)
3. Guide to running a Great Middle School Dance
4. "So you want to start a Club? (Recruiting, motivating membership, etc.)
5. Three Great Service Projects
6. How to run a successful school SGA campaign
7. How to create a workshop
8. How to run an effective SGA Meeting

### **Personal Development:**

1. Embracing Failure: "So it didn't work out. What next?"
2. Time Management
3. Stress Management
4. Study Strategies
5. Effective interview skills

workshops

### **Soft Skills:**

1. Working with your Administration
2. Building relationships with adult community members
3. Guide to cold emailing
4. "HEY YOU: Here's a Guide to Grabbing the Attention of Others"

### **Niche Topics:**

1. Music for social change (stress management, etc. study strategies)
2. Transferring leadership off the field (Athletes)



### **Activity-based workshops:**

1. Five min. craft with a message (ex. Marshmallow and toothpick activity)
2. Create your own " \_\_\_\_\_ " (i.e. goal setting or mental health Toolkit)

