

2025 MASC Convention Workshop Descriptions

Each student attending the 2025 MASC Convention is asked to **rank their top five workshop choices**. While we do our best to honor workshop preferences, they are not guaranteed as workshops are limited due to space.

Advisors were sent an email with the link to report their students' choices. Any questions can be directed to Karen.Crawford@mdstudentcouncils.org

A few important notes:

- Students will attend a workshop with the motivational speaker and two other workshop sessions
- Workshops are organized by open to either high school or middle school , open to middle school only, and open to high school only
- Workshop presenters should rank the workshop they are presenting as their 1st choice

Open to EITHER High School or Middle School Students:

Letter	Title	Description
A	Pep Rally & HOCO Planning 101	Want to plan the ultimate pep rally or Homecoming event? Join this workshop to learn fun, interactive ideas and creative strategies to keep your school excited, engaged, and involved from start to finish!
B	Building the Foundations of a Strong SGA	All good things are built on a strong foundation. Join us for our fun activity-based construction workshop as we build an SGA based on five main pillars.
C	Cracking the Code of Communication	Cracking the code of communication can be tricky! Come to our workshop to learn how to diagnose, treat, and prevent miscommunications in teams and how to make an effective communication plan.
D	Leading Effective Conversations and Desensitizing Issues	Unlock the power of self-awareness in your personal and professional life! Join our transformative workshop to explore the crucial differences between empathy and sympathy, and elevate your emotional intelligence to new heights!
E	Order In the Court: How to Win With Words	Ever felt like you're a natural at debating, or that your persuasive abilities are top tier? Prepare to put those skills to the test, because in this mock courtroom, you're on trial!
F	Problem Solving Under Pressure	Feeling the heat in high pressure situations? Join us to learn practical strategies to stay calm, make smart decisions, and solve problems under pressure with ease!
G	Startup Spark: Igniting Teen Entrepreneurs	Ready to turn your big ideas into a business? Join Startup Spark: Igniting Teen Entrepreneurs and learn how to develop a business plan, market your brand, and kickstart your entrepreneurial journey with hands-on activities and insightful tips!
H	Taking Home the Gold (SGA Edition)	Are you ready to never lose again? To taste the sweet bliss of victory? If you are, come on down to the Olympic village and partake in some (mostly) friendly

		competition to strengthen your leadership skills as an advocate and student council representative.
I	Beyond the Beat: Exploring Diversity Through Music	Dive into the rhythm of diversity and join us for a unique and engaging workshop that will leave you with valuable information to take back to your school! This interactive workshop uses the universal language of music to explore cultural differences, celebrate individuality, and build a deeper understanding of Diversity!
J	Advocacy in Action	Join us for Advocacy in Action, where delegates dive into real-life advocacy scenarios to develop their leadership skills and learn how to effectively champion causes they are passionate about! Through debates and hands-on activities, participants will gain invaluable experience in advocating for the change they want and making their voices heard.
K	Campaigning 101	Want to run a winning campaign? Join Campaigning 101 to learn the secrets of effective slogans, visuals, and strategies through fun, interactive activities that will help you inspire and engage your audience like a pro!
L	SGA 101: How To Win Any Election (Guaranteed)	We can guarantee you'll win every election after attending this workshop. You will dominate the competition with these tips and tricks.
M	"What? Like it's Hard?" Win Your Next Argument	Love debating with friends? Hate losing? This workshop will teach you the ins and outs of structuring and creating a great argument, and will give you a chance to practice these skills by debating peers!
AC	The Power of Influence: Leading Without Authority	Discover the secret to effective leadership! Join us in learning how to inspire and lead others using trust, collaboration, and personal connection. At the end, you will leave empowered to create meaningful change in ANY environment!

Open to MIDDLE SCHOOL students only:

Letter	Title	Description
N	Making a Difference: How to Plan and Implement a Service Project	Step up, stand out and make a difference! Join us to practice creating an impactful service project that will change your community for the better!
O	The Whole Student	Students are more than just their academic achievements! Come learn about the "Whole Student" puzzle while exploring fun and easy ways to fill each piece!
P	Next Stop, High School!	Get ready to tackle high school with confidence! In "Next Stop, High School." you'll explore class options, master time management, and set actionable goals—all through fun, interactive activities that prepare you for success.

Q	Building Connection Through Sharing Our Stories	Stories are powerful - and we can't wait to hear your's! In this highly interactive workshop you will learn how to tell your story and listen to the stories of others. You will walk away with new connections, tools to craft your story for a variety of purposes, and the opportunity to create multi-media content as part of our Youth Leadership Story Project.
----------	---	--

Open to HIGH SCHOOL students only:

Letter	Title	Description
R	Build Your Own Bowl: Personality in Choice	Just like everyone's order at Chipotle is different, the personality traits you have make you unique. Join us to learn how your personality traits influence the choices and decisions you make!
S	Unlock Your Motivational Mindset: A Transformative Workshop	Boost your confidence, find your drive, and master the art of public speaking in this interactive workshop! Join us for hands-on activities and practical tips that will leave you feeling motivated and ready to shine.
T	The Power of Stories: Crafting Your Leadership Narrative	Running for an election and giving a speech? Applying to college and writing a personal essay? Trying to start a new leadership venture? Being able to powerfully tell your story is essential for all of these things. In this highly interactive workshop delegates will learn how to craft their story, form new connections with others through sharing their story, and have the opportunity to create multimedia content as part of our Youth Leadership Story Project.
U	Don't Get Voted off the Island: A How-To on Campaign Marketing and Leadership	A new bombshell has entered the villa, you! In this workshop, you'll develop your leadership identity, using that to then build and create a successful campaign using foundational marketing skills! Be careful, don't get voted off the leadership island!
V	The Secrets of Public Speaking	Investigate what good public speaking means through a fun "escape room" setting. Participants will solve puzzles along the way and participate in fun activities.
W	Breaking The Bad	Prepare yourself for one of the most crucial and scary situations you will likely experience in your life; how to save a life. through group activities, hands-on demonstrations, and an interactive lesson, learn how to properly administer narkan and the dangers of overdoses.
X	SGA: Life After Senior Graduation	Wondering how to keep engagement in your student council once seniors graduate? Come learn and find out through a murder mystery activity and round table discussions!

Y	Future Leaders in Healthcare	Make a difference in your community by learning about healthcare to address disparities and promote equity! Learn how to identify local challenges, create impactful initiatives, and understand how ethical principles like HIPAA and the Affordable Care Act guide meaningful contributions to fairness and inclusion.
Z	We Care About Safe Driving!	This workshop is designed to show the importance of safe driving and the consequences of distracted driving. A demonstration to show the effects of drinking and driving. The use of impaired goggles and a pedal car will demonstrate the dangers of distracted and impaired driving. Discussion will cover safe driving programs like <i>Every 15 minutes</i> and other ways students can promote safe driving in the community.
AA	Gaining Aura 101	Just got a text to present a workshop? Or someone asked for an elevator pitch, and you froze? By the end of this workshop, you'll know how to craft your leadership identity, nail your pitch, and use social media to make your campaign stand out! Time to clock it.
AB	The Service Year Option - Get Paid to Build Your Future	Why wait to start your future when you can get paid to build it now? This interactive session is led by young adults who have walked this path and are ready to spill the REAL details on the Service Year Option. You'll learn how this paid service year sets you up for success with: Bi-weekly pay 💰, \$6,000 completion award 🎓, Professional development & mentorship to boost your career 🚀, Hands-on experience at a job that matters 🧰, Access to apprenticeships & career pathways 🔑, Wraparound support to guide you every step of the way 🤝 If you're looking for a meaningful gap year, career experience, or a launchpad into college or a trade, this is the session for you! Come with your questions and leave with a plan for your future.